



# Thatcham Medical Practice

## Patient Information October 2013

### Surgery Opening Hours

Monday – Friday : 8.00 am – 6.30 pm  
Side door entry after 6.30 pm

### Extended Hours:

Routine appointments are available at 6.30pm and 6.40pm  
Monday to Thursday. Urgent care clinics Monday to Friday  
evening (All appointments are triaged by a GP)

One Saturday morning clinic every 4 weeks, 8.00 am –  
12.00 pm (By appointment only, bookable in advance)

### Useful Contacts

Appointments  
**01635 871117**

Cancellations  
**01635 295445**

Switchboard  
**01635 867171**

Non-Emergency Out of Hours  
**111**

Email: [contact@thatchammedicalpractice.co.uk](mailto:contact@thatchammedicalpractice.co.uk)

Web: [www.thatchammedicalpractice.co.uk](http://www.thatchammedicalpractice.co.uk)

West Berks Community Hospital  
(Minor Injuries Only)  
**01635 273508**

### Are you new to the area?

If you have recently moved into the area and would like to register with the practice, guidance notes and a registration form can be downloaded from the website at [www.thatchammedicalpractice.co.uk](http://www.thatchammedicalpractice.co.uk) Alternatively, if you do not have access to a computer please ask at reception.

### Clinics

The Practice runs a variety of clinics for which appointments need to be booked in advance. Details of clinic days and times are available from the Treatment Room Reception.

### Clinics offered:

Acupuncture (Private)  
Dietician (via GP referral)  
Chiropractor (Private)  
IAPT – Talking Therapies  
IAPT – Talking Health (Chronic Disease Management)  
Midwives  
Podiatry (via GP referral)  
Physiotherapy (via GP referral)

Smoking Cessation  
Substance Misuse/Turning Point  
Ultrasound (via GP referral)

### Specialised Nursing Clinics:

Asthma/COPD  
Childhood Immunisation  
CKD  
Diabetes  
Health Promotion  
Heart  
Minor Illness  
Phlebotomy  
Travel

### Specialised GP Clinics:

IUCD (coil fitting)  
Contraceptive Implant  
Minor Operations  
Medicals (including HGV/Diving)  
Occupational Health

Some of the Specialised GP Clinics will incur a fee so please check with Reception.

### Travel Health

Prior to your holiday to exotic and far flung places, speak to our nurses who will be able to advise you on any injections and possible healthcare that you may need. In addition to providing vaccines, we can supply travel packs for you to take on holiday with you. Please book your Travel Clinic appointment with the Treatment Room at least 4-6 weeks before you travel.

The Travel Clinic is held on :

<b>Thursday</b>	<b>2.00 - 5.30 pm</b>
<b>Friday</b>	<b>2.00 - 5.30 pm</b>

You may be seen at other times by request.

To book an appointment, please call 01635 867171 and choose Option 4 (Treatment Room Reception).

If you are unsure what vaccinations you might need please telephone the Treatment Room for further advice.

## Online Services

With the pace of modern life, it is now becoming more convenient to access information using the Internet. Our secure online Service is available 24 hours and 7 days a week.

We are now offering the following services:

**Appointment** – Requesting and cancelling the following:

- Routine Appointment
- Blood Clinic Appointment
- Asthma and COPD Review
- Family Planning Clinic
- Flu Vaccinations

**Repeat Prescriptions** – Requesting, tracking and monitoring.

### To use this service –

1. You must have a registered (active) email address that is not used by any other person. In other words, family members cannot register with the same email address.
2. You must be 16 years of age or older.
3. Download, complete and print the Online Services form from the website.
4. Bring the completed form into the surgery with one original document as evidence of your identity, This will be photocopied and immediately returned to you and can be Passport, Utility Bill, Driving Licence, NI Number Card.

If you are returning from the Armed Forces, your discharge paper.

## Shingles Vaccine

Anyone aged 70 on 1 September 2013 (born between 2/9/42 and 1/9/43) is eligible for the shingles vaccine.

If you were aged 79 on 1 September 2013 (born between 2/9/33 and 1/9/34), you will also be able to have the shingles vaccine.

To book an appointment please telephone 01635 867171 and choose Option 4 (Treatment Room Reception).

## PPG - Patient Participation Group

The Group comprises patients and staff of Thatcham Medical Practice and meets bi-monthly, holding an AGM in March. Please come along when you see it advertised.

The aims of the Group are;

- |                 |   |
|-----------------|---|
| Communication   | Forming a link between patients and the Practice.         |
|                 | Putting patient views to the Practice.                    |
|                 | Publishing a newsletter (generally annually).             |
| Patient Charter | Assisting with patient surveys                            |
|                 | Input to Commissioning Group inspections                  |
| Community Needs | Liaison with local and national groups to assist Practice |

In summary, the PPG is available to voice patients' views, concerns, complaints and even compliments to the Practice on behalf of the Patients.

The Newsletters and Meeting notes are available using the link on the Practice web site or just leave a message at reception.

## Flu Vaccinations

Who is eligible?

- ❖ Everyone who is aged 65 or older
- ❖ Anyone who suffers from:
  - respiratory disease
  - heart disease
  - kidney disease
  - liver disease
  - diabetes
  - a weak immune system
  - have had a stroke
- ❖ Carers (please inform the practice if you regularly look after someone who because of disability, age or frailty might not otherwise be able to live at home).
- ❖ All pregnant ladies
- ❖ Children aged 2-3years

If you are eligible for a flu vaccination, you may also be eligible for a Pneumonia vaccination . Please ask your doctor or nurse for further advice.