



Get Berkshire Active: Summer Sessions

GUIDANCE FOR PARTICIPANTS

Please note the following;

- In the unlikely event that equipment is used as part of the session you are attending it will be cleaned before and after the session.
- Please wash your hands before and after the session (and you might be prompted to wash your hands throughout the session too) – hand sanitiser will be available but we encourage you to bring your own.
- All sessions will be taking place outdoors and therefore please dress accordingly. You will be notified by 9.30am on the day of the session if it has been cancelled due to bad weather.
- All participants will need to stay 2m apart whilst participating
- **If you are experiencing any symptoms of COVID-19 please DO NOT attend the session.**
 - Please contact the session deliverer to cancel your place

